

Your Guide to Where to Go for Care

Primary Care Doctor <i>Your first choice for care when it's not an emergency</i> Examples of Health Issues: <ul style="list-style-type: none">• allergies• back pain• bladder infection• chronic conditions• colds• constipation/diarrhea• earache• flu• pink eye• sore throat• sprains• yeast infection	eVisits* <i>Using your smartphone or computer</i> Examples of Health Issues: <ul style="list-style-type: none">• allergies• cold• constipation/diarrhea• pink eye• bladder infection• flu• yeast infection <hr/> Download the free MYBSWHealth App::  Apple store  Google Play store	Walk-in Clinics <i>Same day appointments when your doctor does not have availability</i> Examples of Health Issues: <ul style="list-style-type: none">• flu• earache• sore throat• sprains• ear or sinus pain• asthma• bladder infection <hr/> Walk-In Clinics Include: CVS and Walgreens as well as select primary care clinics	Urgent Care <i>Needs immediate attention, but is not life threatening. An appointment is not available with your doctor</i> Examples of Health Issues: <ul style="list-style-type: none">• sore throat• earache• bladder infection• sprains• back pain• minor cuts that may need stitches• minor eye injuries• minor burns• animal bites	Emergency Room <i>Any condition you believe to be life-threatening</i> Cost:     Examples of Health Issues: <ul style="list-style-type: none">• chest pain• sudden loss of balance, vision change, facial droop, arm or leg weakness• difficulty breathing• severe abdominal pain, coughing or vomiting blood• deep cuts or wounds• severe burns• severe head injuries• poisoning, overdoses and suicidal behavior
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*Check with your insurance carrier to see if eVisits are an available option for you.



Need assistance with addressing non-life threatening symptoms, instructions on first aid and home/self-care or advice on where to go for care?

Contact the Patient Advisory Line: [800.724.7037](tel:800.724.7037). You can also visit our website at bswhealth.com/qualityalliance.

Contact the BSWQA HealthAccess center by phone: [844.279.7589](tel:844.279.7589) or by email HealthAccess@bswhealth.org.

