



2022 Online Diabetes Support Classes

Join Baylor Scott & White diabetes educators, nurses, dietitians, and pharmacists as they discuss how to self-manage diabetes care. During these online support sessions, you will have the opportunity to ask questions about meal planning, medications, and reducing diabetes risks to help you or your loved one better manage your diabetes or pre-diabetes.

- There is **no charge**!
- Family and friends are welcome!
- Get your questions answered!



Classes use WebEx which you can pull up on your computer or phone

Dates: 2nd Saturday of every month 10:00 - 11AM

Jan 8th
Feb 12th
Mar 12th
Apr 9th
May 14th
Jun 11th

Jul 9th
Aug 13th
Sep 10th
Oct 8th
Nov 12th
Dec 10th

Join via to the WebEx link or QR code

<https://bswhealth.webex.com/bswhealth/j.php?MTID=m1cd61a48a78b20cfc7fe97871280c359>



* Password = diabetes (if asked for one)