

## COMMON MEDICATIONS FOR DIABETES

Taking medication to manage your blood sugar (glucose) is common for people with diabetes. The longer you have diabetes, the more likely you are to need medication. Talk to your doctor about the benefits and risks of medications to decide which medications are best for you.

Group	What are some diabetes medications?	How are they taken?	What do they do?	What side effects are common?
1	Metformin, Glucophage <sup>®</sup> , Glucophage XR <sup>®</sup> , Fortamet <sup>®</sup> , Glumetza <sup>®</sup> , Riomet <sup>®</sup>	By mouth	Keep the liver from releasing too much glucose	Nausea, upset stomach
2	Amaryl <sup>®</sup> , Glimepiride, Glynase <sup>®</sup> , Glipizide, Glucotrol <sup>®</sup> , Glucotrol XL <sup>®</sup> , Diabeta <sup>®</sup> , Micronase <sup>®</sup> , Glyburide	By mouth	Cause the pancreas to release more insulin	Sensitivity to sun - wear sunscreen, skin rash, weight gain *Can cause low blood sugar*
3	Actos <sup>®</sup> , Avandia <sup>®</sup>	By mouth	Help muscles use insulin better	Swelling, weight gain
4	Januvia <sup>®</sup> , Onglyza <sup>®</sup> , Tradjenta <sup>®</sup> , Nesina <sup>®</sup>	By mouth	Raise insulin levels and lower glucose made by the liver	Headache, stuffy or runny nose
5	Invokana <sup>®</sup> , Farxiga <sup>®</sup> , Jardiance <sup>®</sup>	By mouth	Block kidneys from taking up glucose	Dehydration, yeast infections
6	Byetta <sup>®</sup> , Bydureon <sup>®</sup> , Victoza <sup>®</sup> , Trulicity <sup>®</sup> , Ozempic <sup>®</sup>	Injection	Raise insulin levels and lower glucose made by the liver	Nausea, diarrhea
	Rybelsus <sup>®</sup>	By mouth		
7	Actosplus Met <sup>®</sup> , Avandamet <sup>®</sup> , Avandaryl <sup>®</sup> , Duetact <sup>®</sup> , Kombiglyze XR <sup>®</sup> , Glucovance <sup>®</sup> , Metaglip <sup>®</sup> , Janumet <sup>®</sup> , Jentadueto <sup>®</sup> , Oseni <sup>®</sup> , Kazano <sup>®</sup> , and others	By mouth	Work together to control blood sugar better	Look at information for each medication
8	Apidra <sup>®</sup> , Humalog <sup>®</sup> , Novolog <sup>®</sup> , Fiasp <sup>®</sup> , Lyumjev <sup>®</sup> , Regular, Lantus <sup>®</sup> , Basalgar <sup>®</sup> Levemir <sup>®</sup> , NPH <sup>®</sup> , Toujeo <sup>®</sup> , Tresiba <sup>®</sup> , 70/30	Injection	Work just like insulin made by the body	Weight gain *Can cause low blood sugar*

NOTE: This is not a complete list of medications used for diabetes. More information can be found at: [www.drugs.com](http://www.drugs.com)



## MY MEDICATION LIST

**Name:** \_\_\_\_\_

**Date:** \_\_\_\_\_

Include prescription medications, over the counter medications, vitamins, herbs and other dietary supplements

Brand name or generic name and strength of medication (example: ibuprofen 250 mg)	What it is for (example: diabetes, blood pressure, arthritis)	How much to take (example: 1 pill)	When to take it (example: morning, lunch, dinner, bedtime)	Special instructions (example: take on an empty stomach, take with food, how to store)	Date started